



For Immediate Release:

July 20, 2009

AIR QUALITY ADVISORY:

Air quality will be unhealthy in the East San Gabriel and Santa Clarita valleys and unhealthy for sensitive individuals in other areas

LOS ANGELES - According to the South Coast Air Quality Management District, the air quality will be unhealthy in the East San Gabriel and Santa Clarita valleys today. In addition, the air quality will be unhealthy for sensitive individuals in the San Gabriel Mountains, as well as the East San Fernando, West San Gabriel and Pomona Walnut valleys.

Los Angeles County Health Officer and Public Health Director, Jonathan E. Fielding, MD, MPH, advises residents of the East San Gabriel and Santa Clarita valleys to discontinue prolonged, vigorous outdoor exercise lasting longer than one hour. Sensitive individuals, such as children, older adults and those with respiratory issues, should avoid outdoor activity entirely.

In addition, people living or working in the San Gabriel Mountains, the East San Fernando Valley, West San Gabriel Valley and Pomona Walnut Valleys with heart disease, asthma or other respiratory disease should minimize outdoor activities. Schools that have children with sensitive conditions, including heart disease, asthma, other chronic respiratory diseases, should not participate in PE or outdoor physical activity and should stay indoors as much as possible.

The Department of Public Health is committed to protecting and improving the health of the nearly 10 million residents of Los Angeles County. Through a variety of programs, community partnerships and services, Public Health oversees environmental health, disease control, and community and family health. Public Health comprises more than 4,000 employees and an annual budget exceeding \$750 million. To learn more about Public Health and the work we do, please visit <http://www.publichealth.lacounty.gov>.

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